

YOUR

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Jerry Lazarus will be part of the annual New Year's Conference, December 29-31, at A.R.E. headquarters in Virginia Beach. Visit EdgarCayce.org/

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Field of Endeavor

reams/.

HEN WE DREAM, we often see imageries from our waking life, which Cayce called our "field of endeavor." They include our workplace, hobbies, home and surroundings, the games we play and stores we patronize, the roads we traverse, and places we frequent. In essence, many dreams unfold in surroundings familiar to our waking life, such as an avid tennis player dreaming he is on the tennis court. The mind simply picks an imagery which is identifiable to the dreamer, making it easier to recall and interpret.

More often than not, a waking life imagery appearing in our dream is not representing that literal image, but is being used to capture our attention to convey a deeper message.

Cayce interpreted the dream of a 31-year-old man who was an avid golfer in his waking life.

I seemed to play golf with Edwin Weisel and Adeline. They started – took their first shot when I discovered I had left my clubs in the locker and must go after them. It would be too late upon returning to play with them, for they couldn't hold people up waiting for me. I was sorry...

This dream employs one of the dreamer's fields of endeavor – golf. Leaving the clubs in the locker room shows the dreamer's lack of preparedness. Through this familiar dream imagery, the dreamer is called to be prepared by using the opportunities that are presented to him in a timely fashion. It is issuing a warning: unless better prepared, it would cause embarrassment and "prevent the full development" of truths in the dreamer. (900-252)

On the same night this dreamer had a second dream, but with a different field of endeavor.

A postman entered our office with a special delivery letter and I asked him for it, thinking it is a reading from Cayce. It was a letter addressed to someone else and I was disappointed.

Though the dream takes place in the dreamer's office, the message has no direct bearing upon the office or mail delivery. Cayce said that the dreamer is not applying what he knows, which brings disappointment. (900-242) Through a different imagery, this

dream was simply reiterating the message of the previous dream.

Many years ago, I had the following dream:

I saw myself playing basketball in a tournament full of spectators. I was the star player of the team – the "go-to guy." I made shots from everywhere and I was playing magnificently. As I was running up and down the court, I slowed down near my coach and showed him a time-out sign. I was very tired and gasping for breath and wanted to take a break. This happened a few times as I was running up and down the court and making difficult but awesome plays.

A good analysis shows that this dream is not about basketball, but a warning concerning my health. In the waking state, I worked very hard and long hours, and my health suffered despite my excellent results at work. My diet was poor and I lacked exercise. In the dream seeing myself as the star basketball player making shots from everywhere, represents my excellent work-life. The coach represents the need for me to take charge and change the situation. Running up and down the court, requesting a time-out, reflects my fast-paced life, and by giving so much to others, I become tired and out-of-breath. In my waking life, although I was cognizant of the need for a break, I had made no concrete plans for it. The dream was calling my attention to this matter.

This was a physical warning dream, the gravity of which I did not fully grasp at that time. Within 10 days I was very ill and nearly hospitalized. I was forced to take my time-out and recover fully before returning to work. If I had been sufficiently vigilant and taken care of myself upon having the dream, I might have avoided the illness.

But why did the dream use this particular imagery? At that stage in my life, basketball was my principal recreation. The court was a field of

endeavor, a familiar imagery that could convey this vital message to me.

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