

## Telepathic Dreams: Part 2

As our loved ones help us while on Earth, they are just as eager to help from the spiritual realm after their death. Cayce said that some become our spiritual guides, giving guidance and help through dreams.

A 48-year-old woman asked Cayce, “*What is the significance of my continual dreaming of my [late] husband?*” Cayce told her that her husband and her son, who also died, often communicated with her in dreams. He assured her that “*they still may assist, guide, help and comfort*” her. (2218-1)

A few weeks after my mother’s death, she appeared in my dream with an important message. Then I woke up and was astonished to see her standing beside my bed looking at me with a smile! Calling out to her, I tried to physically reach out to touch her, when she gently faded away, still smiling. She continued to appear in my dreams, bringing valuable messages.

Several months after my mother died, she appeared in my sister’s dream and told her: “*I’ve come to take Dad away.*” When my sister awoke, she knew that our ailing father was nearing death. Within a month Dad made the transition. Because of this dream, my sister was emotionally prepared for his death.

A woman dreamt that her deceased mother told her: “*Something is wrong with your sister’s leg, or shoulder... She ought to see a doctor about it.*” Cayce said that her mother was informing her of her sister’s physical condition that needs medical attention, and to pass that information on to her. (136-45)

The same dreamer’s mother visited her again in a dream. “*Saw my mother [139]. She told me that I should warn my Aunt Helen against an accident. Helen seemed to get into an accident, get badly hurt, and my mother took sick from it.*”

Cayce told her that this dream is showing what is to happen in the near future to her aunt Helen: “*regarding getting injured in an automobile and street car accident.*” And if Helen is warned in a timely fashion, she could keep from traveling and thus avoid the accident. Cayce assured the dreamer that this dream was a direct communication with her deceased mother, who is “*mindful of conditions which transpire, exist, in the material plane*” and desires to help and aid. (136-48)

My wife Jenee is a financial planner. Some years ago, when she was seriously contemplating starting her own company, she had a dream in which her deceased father ap-




*Those who have passed from the material or physical plane may attune their selves, their souls, to the mind of the soul of an individual... 2218-1*

peared. He encouraged her to start the company, and told her that he would be a partner in the venture. Having had a long and successful career in finance himself, her father’s assurance carried weight. She left her job to start the company, and it turned out to be a good decision.

My friend Rev. Karl Viernstein once experienced a persistent abdominal pain for about two weeks, which got progressively worse. He was rushed to the hospital but the doctors could not find anything wrong, and gave him pain medications. However, he was in severe pain, and two days later his stepmother Mary Viernstein appeared in his dream and said, “*Karl, go back to the hospital now! You must go back now! Tell them you need a CAT scan, because you have a perforated bowel!*” His stepmother died of a perforated bowel that went undiagnosed. Because of the dream, he immediately went back

to the hospital and the doctor on duty agreed to perform a CAT scan. He recounts in his autobiography, *Awakening to the Presence of God: An Intimate Story of a Pastor and His Companion*, “*Six days later, the doctor opened me up and found a grapefruit-size abscess caused by a perforated bowel, just as Mary Viernstein had warned. Had we waited any longer, I may have suffered her fate. She became brain dead before her body shut down because peritonitis spread throughout her body so rapidly. I felt that the vivid dream of Mary was a life-saving dream!*” The doctors removed 18 inches of his sigmoid colon, and he recovered well.

Cayce was clear that we should not pray to the dead for help, instead pray for them – and be grateful for any help that may come. One way our prayers to God are answered is through communication from our loved ones who have passed on. 

(See *Telepathic Dreams: Part 1, Nov/Dec '09*)

JERRY LAZARUS is a spiritual counselor, writer, and speaker, living in Durham, North Carolina. He has a master’s degree in religion and meditation, and leads lectures and workshops. He is currently writing a book on dreams. Visit his Web site [www.jerrylazarus.com](http://www.jerrylazarus.com).

Join the A.R.E.’s dream forums on MySpace and Facebook. Visit [EdgarCayce.org/dreams](http://EdgarCayce.org/dreams) for details and links.