

## Telepathic Dreams: Part 1

**K**nowledge not known to the conscious mind is available through dreams, for they “bring from one subconscious to another [subconscious]... actual existent conditions...to be acted upon” by the dreamer. (900-13) Telepathic dreams are of two kinds: 1) subconscious communication between people on the earth plane; and 2) subconscious communication between those on the earth plane and those who have passed on to the cosmic plane. In this column, I’ll share dreams that illustrate the former. In the next column, I’ll share examples of the latter.

Adeline was an avid dreamer who sought Edgar Cayce’s help to interpret her dreams. She once dreamed that her sister “*Emmie committed suicide.*” Cayce told her that she had received an important subconscious communication from Emmie, who had contemplated suicide, but the thought had passed. The concerned sister asked Cayce, “Is Emmie contemplating any such act as suicide? Will she carry it out?” Cayce again told her that Emmie’s thoughts of suicide had passed.

If this condition had passed, why did Adeline dream of it? Adeline dreamt on December 27, 1926, and it was not until January 14, 1927 that she sought the interpretation – 18 days had passed since the dream, long enough for anything to have happened. If Adeline had understood the dream when she had it, she could have reached out to Emmie in time, which is why the dream came to her. Fortunately Emmie overcame her suicidal thoughts, at least for the time. (136-54) Dream messages and their timing are never wrong! This is why Cayce said that dreams are “from those infallible channels that may not be even questioned.” (900-399)

Seven months later, Adeline again dreamed of her sister’s condition.

*Both my mother and father appeared to me, and were so glad to see me. They told me about my sister [Emmie], that she had committed suicide....*

Cayce informed Adeline that her parents had given her insights into “the mind of the sister, and the inept way, or the inability of” the sister to think properly. Adeline’s role was “to so instruct, to so direct, to so counsel” Emmie that a better understanding and spiritual growth might come to her. (136-70)



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Mary Sigillo Barraco, an American living in Belgium during the Nazi regime, helped hide Jewish families and rescue British, American, and Canadian airmen who had been shot down. Later captured, beaten, and thrown in prison, she had a dream: “Exhausted, and in more pain than I had ever experienced in my life, I fell into a deep sleep. I dreamt that I was with Arthur Libre, my fiancé...he was going ahead of me into a dark tunnel, into which I could not see. Suddenly, Arthur looked at me, then proceeded again. He turned around several times more. On the fourth turn, Arthur stared at me intently. ‘Attendez pour moi. Voici. C’est la dernière.’ (Listen to me. Here. This is the last one.) Then he kissed me and I saw the light and a star and woke up praying

in a corner of my cell. Arthur was executed by firing squad at 7 o’clock that morning. The date was October 21, 1943.” (From *To Life: Stories of Courage and Survival*, United Jewish Federation of Tidewater – Holocaust Commission)

This was a telepathic message in a dream from Arthur to Mary of what was to come.

I once dreamt I was on the phone with a dear friend who was living in Thailand. She told me she was dying of a stomach ulcer and I asked her if there was any remedy. Then both of us began to cry. The emotion was so strong that I woke up from the dream sobbing, without tears.

After studying the dream, I called her that very morning, and having talked a few minutes and hearing all was well, I shared the dream. She began to cry, telling me, “Just a couple of days ago I had severe pain in my stomach, and was rushed to the emergency room – I thought I was dying! The doctor said I have a stomach ulcer!” I consoled her and mailed her American Saffron – an herbal remedy Cayce often recommended for stomach ulcers. The herb helped her heal.

Telepathic dreams are not merely informing us of something remote, nor are they bizarre paranormal occurrences. They are normal and natural. Knowing the unknowable can be exciting, but what is important is to act on the dream message. 🙏

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