## **Dreams and Miraculous Healing**



For 12 years, the
Leavenworth
newspaper and the
Kansas City Star
mentioned Alice's
recovery each January
on the anniversary of
her healing.



—Want to get active in an A.R.E. Dream Group? Visit EdgarCayce. org/dreams.

JERRY LAZARUS is a spiritual teacher and counselor, with a master's degree in religion and meditation. He leads spiritual workshops across the United States and is the author of *Dreams:* Listening to the Voice of God, and Saint John Bosco—Dreams: The Guiding Voice. Jerry invites you to discuss his articles on his blog at jerrylazarus.com.

## A blessing from above

Rebecca Beard, MD, practiced medicine for 20 years before becoming a spiritual healer and establishing a healing center in Vermont. In the first book of her trilogy, Everyman's Search, (1947), she shares a story. One day, her friend Alice Newton said to her, "I come because I have faith in you, and because I know you have something beyond medicine. I am in great need." Her appearance was shocking, even to a doctor. Dr. Beard explained, "Her huge abdomen was larger than a woman at full-term pregnancy. She had the dreaded cachexia. Her emaciated body was scarcely able to carry the great burden." Dr. Beard assured Alice that her prayer group would pray for her healing. Before leaving, Alice said that she had "absolute faith now that our prayer will be answered, and the Lord will heal me."

Alice went home, canceled all her social obligations, rested, walked outdoors, read the Bible, sang hymns, and prayed. For two years, she resolutely kept her faith and a positive attitude. One night, Alice had a dream "of the disciples asleep as Jesus came down the mountainside

from His lone vigil of prayer. His face was full of sorrow as he looked at the sleeping men, then he glanced over and smiled at her. Immediately the scene changed. It was the day of the crucifixion. The cross was being lowered into the hole that had been dug for it, the Master's body already

nailed upon it. Torn with the thought of how the jar would hurt him, she cried out, 'Oh my Jesus!' putting up her hand to steady his body and ease the suffering. At that moment her hand dropped to her abdomen and she awoke." It was 3:00 a.m. and she discovered that her abdomen was "perfectly flat." To her surprise, there was no physical evidence that the mass had passed. She had no pain. She knew something wonderful had happened. Dr. Beard examined and weighed her. She had lost 38-1/2 pounds overnight, and the doctor found her to be in excellent health "as though she had never been ill." For 12 years, the Leavenworth newspaper and the Kansas City Star mentioned Alice's recovery each January on the anniversary of her healing.

## **Cancer cured**

In his philosophical treatise, *The City of God*, St. Augustine (A.D. 354-430) shares a woman's dream. Innocentia was a devout woman who lived in the city of Carthage. Having diagnosed cancer in one of her breasts, her physician could only offer to remove the breast without hope for cure. This would only prolong her life for a little while. She turned to prayer. Later, she "was instructed in a dream to wait for the first woman that came out from the baptistery after being baptized, and to ask her to make the sign of Christ upon her sore. She did so, and was immediately cured."

Upon examining her, the physician found her fully healed. Asked about the remedy, she told him. Though polite, he was disappointed that she didn't reveal "some great discovery" she had made. She replied: "What great thing was it for Christ to heal a cancer, He who raised one who had been four days dead?"

## **Healed by a sage**

Widely known for his autobiographical accounts of *Kundalini* awakening through meditation, Gopi Krishna (1907-1984) was a Hindu who grew up in Kashmir, India. When he was a child, his mother took him on a pilgrimage to visit a sage who was well known for his miracles. When Krishna grew up, his mother shared the reason for the pilgrimage.

As a baby, Krishna once stopped breastfeeding due to a swollen and inflamed throat. The greatly perturbed mother had a dream in which the sage appeared and opened Krishna's mouth gently with his hand and softly touched the inside of his throat with his finger. Then the sage gestured to the mother to feed Krishna, and vanished. Awakening with a start, she held Krishna close and he immediately started breastfeeding. Knowing that the cure was effected by the sage, she took the pilgrimage to thank the sage. Krishna concluded the story with this interesting note: "The most surprising part of the story is that...the hermit, at the very moment of our approach after entering the room, casually inquired whether I had been able to suck and swallow my milk after his visit to her in the dream. Wonder-struck, my mother [fell] prostrate at his feet, humbly invoking his blessings upon me."